

FOCCUS

Facilitating Open Couple Communication, Understanding, and Study.

FOCCUS is a self-diagnostic instrument which is designed to help couples learn more about themselves and their unique relationship. It provides individualized couple feedback on where each partner stands in regard to topic areas, which over the years and through extensive research, have proven to be important to married life.

FOCCUS is one of several required portions of Marriage Preparation at the Ave María Parish, within the Diocese of Colorado Springs. Over the years, since its development in 1985, FOCCUS has proven to be a valuable tool in developing and maintaining more effective communications between the couple and their families.

Those individuals who are planning to marry with the Catholic Church are requested to begin their marriage preparation, by first contacting the parish's office, at least one year before the planned date.

Thank you for your interest in FOCCUS. The parish has several FOCCUS facilitator-certified couples who are available to help you through this important and rewarding process. Please contact the parish office at 303-841-3750 for further details.

May God bless you abundantly.